



COACHING OPPORTUNITY LITTLE STINGRAYS

LADNER STINGRAYS SWIM CLUB is dedicated to promoting and developing amateur swimming in Ladner. As a member of our coaching staff, you will become part of a dedicated team that works together to support our swimmers to develop their skills, compete in local, regional and provincial swim meets, make new friends and have fun. For more information visit www.ladnerstingrays.com

Position Title: Swim Coach

Term: June 1 to August 17, 2025

Hours: 3 days per week poolside, plus events and swim meets

Pay: Hourly rate based on certificates and experience

Location: Ladner Outdoor Pool, 5105 47 Avenue, Delta

Job Summary

This position is ideal for an experienced competitive swimmer who is interested in stepping into an entry level coaching position to gain experience. This position is responsible for coaching an assigned Little Stingrays development group; provide direct leadership, instruct and motivate the swimmers. Also requires a coach to create and maintain an enjoyable, challenging, clean and safe environment for swimmers.

Duties & Responsibilities

General:

1. Portray sportsmanlike behaviour and appropriate conduct towards swimmers, officials, parents, spectators, and other coaches at all times.
2. Attend all coach meetings and assist the head coach with administrative matters relating to the team, swimmers, and swim meets.
3. Discuss with Head Coach ideas, problems, changes and improvements relating to swimmers on-going training and development throughout the course of the season.
4. Maintain swim team equipment room in orderly condition.
5. Be an active member of the social committee. Assist in swim team social event planning and participate in special events and activities.
6. Prepare season plan for assigned groups with Head Coach and submit finalized plan to Head Coach by mid June.
7. All forms of communication, ie. text message, group messaging, emails from Head Coach, Executive, parents, etc. must be responded to in a professional manner within 24 hours.

Practices:

1. Arrive 15 minutes early and be prepared to start practices on time.

2. Create age appropriate workouts focusing on technique, endurance, stroke development, and drills. These will be submitted to the Head Coach at least 24 hours before practice for feedback and approval.
3. Lead structured practices during the assigned time frames for each group.

Swim Meets:

1. Submit meet entries to the Head Coach by the designated dates.
2. Mandatory attendance required at the following meets: Stingback meet, Super7, and Regionals if coached swimmers are participating. Additionally, attend weekend meets if required and a minimum of 2 weekday development meets as collaboratively determined with Head Coach and other Little Stingray coaches.
3. Keep track of Best Times, A times, and PQT's of swimmers, acquire the necessary ribbons, label them and conduct a brief pre or post practice ribbon "ceremony" as needed.

Requirements

1. Ability to establish and maintain effective working relationships and to communicate effectively with a wide variety of people;
2. Available to work flexible shifts and arrive on deck 15 minutes before shift starts;
3. Ability to observe, instruct and demonstrate proper stroke techniques;
4. Strong leadership qualities, sound decision making, and ability to respond effectively to both oral and written instructions.

Qualifications

- Bronze Medallion and Bronze Cross
- Certificate in Standard First Aid (With CPR-C and AED)
- Safe Sport Certification
- Experience as a competitive swimmer, having competed for a minimum two years;
- Worked as a volunteer coach for minimum two years or as a paid coach;
- Minimum age of 15

How to Apply

Submit your resume to president@ladnerstingrays.com by March 7, 2025