

*Welcome to the
Nelson Neptunes
52st Annual
Invitational Swim Meet*



July 15 and 16, 2023



This is a

Sanctioned "A" Meet

NELSON NEPTUNE SWIM CLUB 51st INVITATIONAL SWIM MEET

DATE: July 15 and 16, 2023

LOCATION: Nelson and District Community Centre

TYPE OF MEET: Invitational Meet, **Heats and Finals**, 6 Events, "A" Meet

This is a BCSSA sanctioned 'A' swim meet and therefore all rules will be applied as per BCSSA's 2022 Rules and Regulations Book.

MEETMANAGER: Paul Cowan

MEET REFEREE: Chad Badry

ELIGIBILITY:

- Any registered BCSSA swimmer.

COURSE DESCRIPTION:

- 25m, 6 lane indoor pool, starting blocks, lane ropes.
- Colorado electronic timing system with digital manual backup watch.

TEAMS INVITED: **CAS** CASTLEGAR AQUANAUTS
COL COLVILLE VALLEY SHARKS
CST CRESTON SWIM CLUB
KIM KIMBERLEY SEAHORSES
TRA TRAIL and AREA STINGRAYS
GFA GRAND FORKS PIRANHAS
REV REVELSTOKE AQUADUCKS

HEALTH & SAFETY

- This meet will follow the current Provincial Public Health Orders and Restrictions. Mask wearing is a personal choice and is accepted.
- Do not attend the meet if you are sick or have cold/flu/COVID-19 symptoms. The Meet Referee, Meet Manager, or facility staff will remove anyone who is potentially sick.

MEET ENTRIES:

- Please e-mail the Hy-Tek meet entry file and Hy-Tek Meet Entry Report to neptureg@telus.net

- Entries must be received by e-mail no later than 7:00 PM Wednesday, July 12, 2023. The entry fee for entries received by this time and date is \$10.00 per swimmer. This entitles each swimmer to enter 4 events plus 2 relays.
- Relay teams will only be accepted in the Hy-Tek format. BCSSA Official Relay Entry Forms with the swimmers names must be filed with the Clerk of the Course before 9:30 am on the day of the relay. Forms will be available from the Clerk of the Course.
- Best times should be submitted, but only times the swimmer has actually achieved in competition. If no times available submit as 'no time' (NT). Heats will be seeded according to times submitted
- No switching of events once a swimmer is entered.
- Seeding is done by the Hy-Tek MM and a minimum of changes to seeding will be done at the discretion of the Clerk of the Course only to make the meet more efficient.
- Cat O swimmers will be seeded with S cat swimmers based on times.
- O swimmers may be used on a relay team as per BCSSA Rules

LATE ENTRY FEES AND SCRATCHES:

- No scratch meeting is scheduled. All scratches must be e-mailed ASAP or by noon on Friday, July 14, 2023. No refunds for scratches.
- Late entries received after 7:00 pm Wednesday, July 12, up to 12:00 pm Friday, July 14, will be \$20.00/swimmer. Clubs to use the KO Region scratch sheet attached
- Late entries received after 12:00 pm Friday, July 14 up to 8:30 am July 15 will be \$30.00/swimmer. The swimmers will be entered with no time and placed in an available heat (decision made by meet manager or meet referee)
- Late entries will not be accepted after 8:30 AM Saturday morning
- All entry fees must be paid to the meet manager by the end of meet Saturday. Please make cheques payable to the Nelson Neptune Swim Club. All unpaid entries will be billed to the invited club.

SCHEDULE of EVENTS:

- Warm ups 7:00 AM BOTH DAYS
- Cheers 8:20 AM BOTH DAYS
- Anthems 8:30 AM (SAT)
- Marshalling 8:45 AM BOTH DAYS
- Heats 9:00 AM BOTH DAYS
- Finals After the lunch break - both days.
- Saturday Lunch break will be after Event 220 (100 m Fly)
- Sunday Lunch break will be after Event 350 (100 m Free)

TEAM WARM-UPS: Schedule subject to change depending on number of swimmers entered. A Coach or Team official must be on deck for each team's warm-ups.

SATURDAY and SUNDAY

7:00-7:20 AM	NELSON KIMBERLEY	Lanes, 4, 5, and 6 Lanes 1, 2, and 3
7:20- 7:40 AM	CASTLEGAR CRESTON	Lanes 1, 2, and 3 Lanes 4, 5, and 6
7:40-8:00 AM	TRAIL GRAND FORKS	Lanes 1, 2, and 3 Lanes 4, 5, and 6
8:00-8:20 AM	COLVILLE REVELSTOKE	Lanes 1, 2, and 3 Lanes 4, 5, and 6

OFFICIALS MEETING:

- 7:30 AM Saturday & Sunday in the marshalling area. All Stroke & Turn and Senior Officials must be present.
- Timers and Place Judge meeting will take place at 8:45 AM Saturday & Sunday by the starting blocks.

Deck Officials:

- Sign-up sheets will be located at the announcing table for Timers. All clubs are expected to help.

COACHES MEETING:

- 8:30-8:40 AM Saturday & Sunday in marshalling area

MARSHALLING

Marshalling for Divs 5-8:

- We will be using the “Simplified Marshalling procedure”. Divisions 5-8 will NOT be marshalled, but swimmers must check in once at Marshalling at the start of the day. These swimmers are responsible for being behind the blocks and ready to swim when the referee calls the race. There will be no announcing of events for Divs 5-8. The Heat Sheets will be posted to allow swimmers to verify their event, heat and lane assignments. Swimmers may come through the Marshalling area to congregate and organize themselves prior to going out on deck. Swimmers will check in with the lane timers to ensure they are in the right heat.

Marshalling for Divs 1-4:

- Calling of the meet will follow the BCSSA policy regarding marshalling calls. Events will be called 2 times with 2 minutes between each announcement. Divs 1-4 must go to Marshalling for each event.

NOVICE EVENTS:

- Div.1 – Novice (combined) 25 metre races will be held on Saturday and Sunday.

- 25 m free: after 100 Fly – Saturday
- 25 m fly: after lunch - Saturday
- 25 m back: after 100 Free – Sunday
- 25 m breast: after lunch - Sunday
- Div 1 swimmers who are not ready to swim a particular stroke in Div 1 may swim that event as a Novice, but not the same event as both a Novice and Div 1 swimmer. The intention of this rule is to encourage not discourage, so please use discretion.
- No charge for novice only swimmers entered in max four 25 meter novice events. Regular \$10 entry fees apply for novices swimmers entered in any Div 1 50 meter events or a Div 1 swimmer entered in any novice 25 metre events.

MEET PROTOCOL:

- If there is a problem with entries or results at the meet, please follow this procedure: go to your coach, who will then approach the Meet Referee or Meet Manager.

AWARDS:

- Participation ribbons for novices. No points awarded for novice 25 meter events.
- Ribbons for individual and relay events, 1st through 6th place
- Aggregate medals will be awarded for Div.1-8 and Cat "0"swimmers based on highest points earned for first three places.
- Point system will follow BCSSA rules for meets with no consolation finals:: 1st-7 points, 2nd-5pt, 3rd-4pt, 4th-3pt, 5th-2pt, 6th-1pt. These points are doubled for relays.
- Ribbons for new records Div 1-8 and Cat“O” swimmers.

SILENT AUCTION:

- The Nelson Neptune’s will hold a Silent Auction on Saturday. The auction is in the concourse area of the arena.

“FUN” RELAY

- We are scheming away to come up with a super fun relay to be held on Sunday after the last relay while we tabulate the results. Stay tuned for more details.

MISCELLANEOUS:

- The shallow pool will not be available for swimmer use during events.
- Swimmers may use the concourse area during the meet.
- Space for club tents is available beside the parking lot in grassy areas.
- No overnight RV campers or tenting will be allowed in the Recreational Facility parking lot. No parking of RV’s or over length vehicles in the Recreational Facility parking lot. Please park on lakeside drive or in the Chako Mika mall parking lot.
- There will be coffee available for sale in the arena concourse both mornings.
- There will be no concession available so please plan accordingly. Nelson has numerous options available nearby. Just up the hill from the NDCC both Vernon St

and Baker Street have numerous options. The Chako Mika Mall (go towards the Lake and turn right) has several food court outlets.

- The Nelson City tourist park (High Street) will be available for campers. It's within walking distance of the pool. If you don't mind driving 20 minutes, camping is also available at our beautiful Kokanee Provincial Park, located 22 km North of Nelson on Highway 3A.

KO REGION SCRATCH / ADD FORM

Swim Meet:

Club Name:

e-mailed By:

Date:

SCRATCH				ADD				
BCSSA #	NAME	EVENT	DIV	BCSS A#	NAME	EVE NT	DI V	B-DAY
KOCAS000	JENNY BREAST STROKER	101	2	KOCOL000	DAVID FREESTYLER	202	3	dd/mm/yy

session list 2023

Session: 1 Saturday Morning

Day of Meet: 1 Starts at 09:00 AM

session list 2023-1

Prelims	101	Girls Div 1 100 IM
Prelims	102	Boys Div 1 100 IM
Prelims	103	Girls Div 2 100 IM
Prelims	104	Boys Div 2 100 IM
Prelims	105	Girls Div 3 100 IM
Prelims	106	Boys Div 3 100 IM
Prelims	107	Girls "O" Cat 1 100 IM
Prelims	108	Boys "O" Cat 1 100 IM
Prelims	109	Girls Div 4 200 IM
Prelims	110	Boys Div 4 200 IM
Prelims	111	Girls Div 5 200 IM
Prelims	112	Boys Div 5 200 IM
Prelims	113	Girls Div 6 200 IM
Prelims	114	Boys Div 6 200 IM
Prelims	115	Girls "O" Cat 2 200 IM
Prelims	116	Boys "O" Cat 2 200 IM
Prelims	117	Girls Div 7 200 IM
Prelims	118	Boys Div 7 200 IM
Prelims	119	Girls "O" Cat Div 8 200 IM
Prelims	120	Boys "O" Cat Div 8 200 IM
Prelims	121	Girls Div 1 50 Freestyle
Prelims	122	Boys Div 1 50 Freestyle
Prelims	123	Girls Div 2 50 Freestyle
Prelims	124	Boys Div 2 50 Freestyle
Prelims	125	Girls Div 3 50 Freestyle
Prelims	126	Boys Div 3 50 Freestyle
Prelims	127	Girls "O" Cat 1 50 Freestyle
Prelims	128	Boys "O" Cat 1 50 Freestyle

Prelims	129	Girls Div 4 50 Freestyle
Prelims	130	Boys Div 4 50 Freestyle
Prelims	131	Girls Div 5 50 Freestyle
Prelims	132	Boys Div 5 50 Freestyle
Prelims	133	Girls Div 6 50 Freestyle
Prelims	134	Boys Div 6 50 Freestyle
Prelims	135	Girls "O" Cat 2 50 Freestyle
Prelims	136	Boys "O" Cat 2 50 Freestyle
Prelims	137	Girls Div 7 50 Freestyle
Prelims	138	Boys Div 7 50 Freestyle
Prelims	139	Girls "O" Cat Div 8 50 Freestyle
Prelims	140	Boys "O" Cat Div 8 50 Freestyle
Prelims	201	Girls Div 1 50 Butterfly
Prelims	202	Boys Div 1 50 Butterfly
Prelims	203	Girls Div 2 50 Butterfly
Prelims	204	Boys Div 2 50 Butterfly
Prelims	205	Girls Div 3 50 Butterfly
Prelims	206	Boys Div 3 50 Butterfly
Prelims	207	Girls "O" Cat 1 50 Butterfly
Prelims	208	Boys "O" Cat 1 50 Butterfly
Prelims	209	Girls Div 4 50 Butterfly
Prelims	210	Boys Div 4 50 Butterfly
Prelims	211	Girls Div 5 100 Butterfly
Prelims	212	Boys Div 5 100 Butterfly
Prelims	213	Girls Div 6 100 Butterfly
Prelims	214	Boys Div 6 100 Butterfly
Prelims	215	Girls "O" Cat 2 100 Butterfly
Prelims	216	Boys "O" Cat 2 100 Butterfly
Prelims	217	Girls Div 7 100 Butterfly
Prelims	218	Boys Div 7 100 Butterfly
Prelims	219	Girls "O" Cat Div 8 100 Butterfly
Prelims	220	Boys "O" Cat Div 8 100 Butterfly
Finals	1	Girls 6 & Under 25 Freestyle
Finals	2	Boys 6 & Under 25 Freestyle

Session: 2 Saturday Afternoon
Day of Meet: 1 Starts at 01:00 PM

Same order as morning, but events are finals. Plus the following:

session list 2023-2

Finals	5	Girls 6 & Under 25 Butterfly
Finals	6	Boys 6 & Under 25 Butterfly
Finals	141	Girls Div 1 4x50 Medley Relay
Finals	142	Boys Div 1 4x50 Medley Relay
Finals	143	Girls Div 2 4x50 Medley Relay
Finals	144	Boys Div 2 4x50 Medley Relay
Finals	145	Girls Div 3 4x50 Medley Relay
Finals	146	Boys Div 3 4x50 Medley Relay
Finals	147	Girls "O" Cat 1 4x50 Medley Relay
Finals	148	Boys "O" Cat 1 4x50 Medley Relay
Finals	149	Girls Div 4 4x50 Medley Relay
Finals	150	Boys Div 4 4x50 Medley Relay
Finals	151	Girls Div 5 4x50 Medley Relay
Finals	152	Boys Div 5 4x50 Medley Relay
Finals	153	Girls Div 6 4x50 Medley Relay
Finals	154	Boys Div 6 4x50 Medley Relay
Finals	155	Girls "O" Cat 2 4x50 Medley Relay
Finals	156	Boys "O" Cat 2 4x50 Medley Relay
Finals	157	Girls Div 7 4x50 Medley Relay
Finals	158	Boys Div 7 4x50 Medley Relay
Finals	159	Girls "O" Cat Div 8 4x50 Medley Relay
Finals	160	Boys "O" Cat Div 8 4x50 Medley Relay

Session: 3 Sunday Morning
Day of Meet: 2 Starts at 09:00 AM

session list 2023-5

Prelims	301	Girls Div 5 50 Butterfly
Prelims	302	Boys Div 5 50 Butterfly
Prelims	303	Girls Div 6 50 Butterfly
Prelims	304	Boys Div 6 50 Butterfly
Prelims	305	Girls "O" Cat 2 50 Butterfly
Prelims	306	Boys "O" Cat 2 50 Butterfly
Prelims	307	Girls Div 7 50 Butterfly
Prelims	308	Boys Div 7 50 Butterfly
Prelims	309	Girls "O" Cat Div 8 50 Butterfly
Prelims	310	Boys "O" Cat Div 8 50 Butterfly
Prelims	221	Girls Div 1 50 Backstroke
Prelims	222	Boys Div 1 50 Backstroke
Prelims	223	Girls Div 2 50 Backstroke
Prelims	224	Boys Div 2 50 Backstroke
Prelims	225	Girls Div 3 50 Backstroke
Prelims	226	Boys Div 3 50 Backstroke
Prelims	227	Girls "O" Cat 1 50 Backstroke
Prelims	228	Boys "O" Cat 1 50 Backstroke
Prelims	229	Girls Div 4 100 Backstroke
Prelims	230	Boys Div 4 100 Backstroke
Prelims	231	Girls Div 5 100 Backstroke
Prelims	232	Boys Div 5 100 Backstroke
Prelims	233	Girls Div 6 100 Backstroke
Prelims	234	Boys Div 6 100 Backstroke
Prelims	235	Girls "O" Cat 2 100 Backstroke
Prelims	236	Boys "O" Cat 2 100 Backstroke
Prelims	237	Girls Div 7 100 Backstroke
Prelims	238	Boys Div 7 100 Backstroke
Prelims	239	Girls "O" Cat Div 8 100 Backstroke
Prelims	240	Boys "O" Cat Div 8 100 Backstroke

Prelims	311	Girls Div 1 50 Breaststroke
Prelims	312	Boys Div 1 50 Breaststroke
Prelims	313	Girls Div 2 50 Breaststroke
Prelims	314	Boys Div 2 50 Breaststroke
Prelims	315	Girls Div 3 50 Breaststroke
Prelims	316	Boys Div 3 50 Breaststroke
Prelims	317	Girls "O" Cat 1 50 Breaststroke
Prelims	318	Boys "O" Cat 1 50 Breaststroke
Prelims	319	Girls Div 4 100 Breaststroke
Prelims	320	Boys Div 4 100 Breaststroke
Prelims	321	Girls Div 5 100 Breaststroke
Prelims	322	Boys Div 5 100 Breaststroke
Prelims	323	Girls Div 6 100 Breaststroke
Prelims	324	Boys Div 6 100 Breaststroke
Prelims	325	Girls "O" Cat 2 100 Breaststroke
Prelims	326	Boys "O" Cat 2 100 Breaststroke
Prelims	327	Girls Div 7 100 Breaststroke
Prelims	328	Boys Div 7 100 Breaststroke
Prelims	329	Girls "O" Cat Div 8 100 Breaststroke
Prelims	330	Boys "O" Cat Div 8 100 Breaststroke
Prelims	331	Girls Div 1 100 Freestyle
Prelims	332	Boys Div 1 100 Freestyle
Prelims	333	Girls Div 2 100 Freestyle
Prelims	334	Boys Div 2 100 Freestyle
Prelims	335	Girls Div 3 100 Freestyle
Prelims	336	Boys Div 3 100 Freestyle
Prelims	337	Girls "O" Cat 1 100 Freestyle
Prelims	338	Boys "O" Cat 1 100 Freestyle
Prelims	339	Girls Div 4 100 Freestyle
Prelims	340	Boys Div 4 100 Freestyle
Prelims	341	Girls Div 5 100 Freestyle
Prelims	342	Boys Div 5 100 Freestyle
Prelims	343	Girls Div 6 100 Freestyle
Prelims	344	Boys Div 6 100 Freestyle
Prelims	345	Girls "O" Cat 2 100 Freestyle
Prelims	346	Boys "O" Cat 2 100 Freestyle
Prelims	347	Girls Div 7 100 Freestyle
Prelims	348	Boys Div 7 100 Freestyle

session list 2023-7

Prelims	349	Girls "O" Cat Div 8 100 Freestyle
Prelims	350	Boys "O" Cat Div 8 100 Freestyle
Finals	9	Girls 6 & Under 25 Backstroke
Finals	10	Boys 6 & Under 25 Backstroke
		Finish Time
Finals	13	Girls 6 & Under 25 Breaststroke
Finals	14	Boys 6 & Under 25 Breaststroke

Session: 4 Sunday Afternoon**Day of Meet: 2 Starts at 01:00 PM**

Same order as morning, but events are finals. Plus the following:

session list 2023-4

Finals	13	Girls 6 & Under 25 Breaststroke
Finals	14	Boys 6 & Under 25 Breaststroke

Finals	241	Girls Div 1 4x50 Freestyle Relay
Finals	242	Boys Div 1 4x50 Freestyle Relay
Finals	243	Girls Div 2 4x50 Freestyle Relay
Finals	244	Boys Div 2 4x50 Freestyle Relay
Finals	245	Girls Div 3 4x50 Freestyle Relay
Finals	246	Boys Div 3 4x50 Freestyle Relay
Finals	247	Girls "O" Cat 1 4x50 Freestyle Relay
Finals	248	Boys "O" Cat 1 4x50 Freestyle Relay
Finals	249	Girls Div 4 4x50 Freestyle Relay
Finals	250	Boys Div 4 4x50 Freestyle Relay
Finals	251	Girls Div 5 4x50 Freestyle Relay
Finals	252	Boys Div 5 4x50 Freestyle Relay
Finals	253	Girls Div 6 4x50 Freestyle Relay
Finals	254	Boys Div 6 4x50 Freestyle Relay
Finals	255	Girls "O" Cat 2 4x50 Freestyle Relay
Finals	256	Boys "O" Cat 2 4x50 Freestyle Relay
Finals	257	Girls Div 7 4x50 Freestyle Relay
Finals	258	Boys Div 7 4x50 Freestyle Relay
Finals	259	Girls "O" Cat Div 8 4x50 Freestyle Relay
Finals	260	Boys "O" Cat Div 8 4x50 Freestyle Relay