

## BCSSA Swimming Rule Changes 2023

As approved at Provincial Board Meeting April 28, 2023

All changes of wording appear in italics. Any wording removed is shown with a strike through.

### Speed Swimming

Under Definitions:

“S Swimmer” – an ‘S’ swimmer is an individual who trained and competed for an unrestricted number of hours from May 1<sup>st</sup> to *August 31<sup>st</sup>* (inclusive) of any year. From September 1<sup>st</sup> to April 30<sup>th</sup> (inclusive) immediately preceding registration, an ‘S’ swimmer may have participated in speed swimming training and/or swim meets, provided the activity(ies) did not exceed a total of two (2) hours within a calendar week. (see Section 4.2 Athlete Eligibility).

2.4.1 b) Clubs may commence registration and programs for the non-competitive season on September 1<sup>st</sup> of each year. The closing date for non-competitive season registration is *March 31<sup>st</sup>* of the following year.

2.4.2 c) Each club shall submit a club non-competitive season individual registration database, and fees, to the Regional Registrar by *April 3<sup>rd</sup>*.

2.4.2 d) The Regional Registrar shall submit each club’s registration database, and fees, to the Provincial Registrar by *April 10<sup>th</sup>*.

4.2.1 e) 4<sup>th</sup> bullet – From September 1<sup>st</sup> to November 30<sup>th</sup> (inclusive), engaged in swimming activities for the specific purpose of competing in any swim meet recognized in the official program schedule of the annual swimming championships organized by a *middle/secondary* school athletic association. Training for the meet must have been carried out under the direction of the ‘S’ swimmer’s school.

4.2.2 g) 2<sup>nd</sup> bullet – A *man’s* swimsuit shall not...

4.2.2 g) 3<sup>rd</sup> bullet – A *women’s* swimsuit shall not...

4.5.6 g) 3<sup>rd</sup> bullet – Upon hearing the command “Take Your Marks”, immediately assume a starting stance at the front of the starting platform, ~~with no forward motion~~ and at least one foot remaining at the front of the starting platform, or at the edge of the pool.

4.5.6 g) 4<sup>th</sup> bullet – *Remain in position* until the starting signal is given or until the Starter or Referee directs them to relax.

4.5.7 d) 1<sup>st</sup> bullet – replacing existing wording with *Any swimmer starting before the starting signal has been given.*

4.5.9 e) 3<sup>rd</sup> bullet – Some part of the swimmer shall break the surface of the water throughout the race, except the swimmer may completely submerge at the start and following each turn for a distance of not more than 15 metres, *and at the finish, provided that some part of the head has passed the 5 metre mark.*

4.5.9 e) last bullet – ~~some part of the body shall break the surface of the water.~~

4.5.9 f) 1<sup>st</sup> bullet, 2<sup>nd</sup> dash – At any time prior to the first breaststroke kick, after the start and after each turn, the swimmer may take one *dolphin* kick.

4.5.9 f) 3<sup>rd</sup> bullet, 2<sup>nd</sup> dash – All movement of the arms shall be simultaneous without alternating movement *and may vary in length throughout the race.*

4.5.9 f) 3<sup>rd</sup> bullet, 3<sup>rd</sup> dash – The swimmer’s hands shall be pushed forward from the breast, *on, under, or over the water.*

4.5.12 b) 1<sup>st</sup> bullet, 3<sup>rd</sup> dash – The Meet Manager shall select members of the Jury from among officials in attendance at the meet, endeavoring to include neutral and experienced officials who were not directly involved in the protested event, *or who may be perceived to have a conflict of interest.*

4.5.12 b) 2<sup>nd</sup> bullet – Upon receiving a written protest from the Referee, the Meet Manager shall convene a Jury as early as is practicable ~~and reach a decision on the day the written protest is filed.~~

4.5.12 b) 2<sup>nd</sup> bullet, 3<sup>rd</sup> dash – Such evidence shall not include video footage of a disqualification, except when recorded by *the BCSSA live-feed, and then only for the purposes of identifying the correct event, heat, lane and official.*