



<b>All Strokes</b>	<ul style="list-style-type: none"> <li>• Illegal swimsuit</li> <li>• Walking on bottom in the direction of the finish</li> <li>• Pulling on the lane rope/side of pool in the direction of the finish</li> <li>• Springing from the bottom, imparting motion toward the finish</li> <li>• Left the water before completing the full distance or DNF (did not finish)</li> </ul>
<b>Freestyle</b>	<ul style="list-style-type: none"> <li>• Failure to touch on the turn at 25m (50m, 75m)</li> <li>• Failure to surface by 15m after the start (or after 25m turn, 50m turn, 75m turn)</li> </ul>
<b>Backstroke</b>	<ul style="list-style-type: none"> <li>• Toes in the gutter or bending over lip of gutter at the start</li> <li>• Failure to touch on the turn at 25m (50m, 75m)</li> <li>• Failure to remain on back during race (or at finish)</li> <li>• Failure to surface by 15m after the start (or at 25m turn, 50m turn, 75m turn)</li> <li>• Not on back when feet left the wall at the 25m (50m, 75m)</li> <li>• Non-continuous turn</li> </ul>
<b>Breaststroke</b>	<ul style="list-style-type: none"> <li>• Multiple dolphin kicks during streamline on entry (or at 25m turn, 50m turn, 75m turn)</li> <li>• Failure to maintain stroke cycle (one arm stroke and one leg kick, in that order, except going into the turn or finish where there may not be time to include a kick in the stroke cycle)</li> <li>• Non-simultaneous touch at 25m, one hand on top of the other hand (50m, 75m, finish)</li> <li>• One hand touch at 25m (50m, 75m, finish)</li> <li>• Scissor (or dolphin, or flutter) kick</li> <li>• Failure of feet to remain turned out during the propulsive part of the kick</li> <li>• Asymmetrical arm pull</li> <li>• Alternating arm movements</li> <li>• Arm pull past hips</li> <li>• Failure of head to break surface during each stroke</li> <li>• Failure of head to break the surface before hands turned inward at the widest part of the second stroke on entry (or after turn at 25m, 50m, 75m)</li> </ul>
<b>Butterfly</b>	<ul style="list-style-type: none"> <li>• Non-simultaneous touch at 25m, one hand on top of the other hand (50m, 75m, finish)</li> <li>• One hand touch at 25m (50m, 75m, finish)</li> <li>• Flutter kick</li> <li>• Scissor kick</li> <li>• Underwater arm recovery</li> <li>• Alternating arms</li> <li>• Non-simultaneous arms</li> <li>• Failure to surface by 15m after the start (or turn at 25m, 50m, 75m) in the butterfly</li> <li>• Rolled on to the back at the 25m turn (50m, 75m) during stroke</li> </ul>
<b>Individual/Relay Medley</b>	<ul style="list-style-type: none"> <li>• Strokes swum in wrong order <ul style="list-style-type: none"> <li>◦ IM should be: fly, back, breast, free</li> <li>◦ Medley relay should be: back, breast, fly, free</li> </ul> </li> <li>• Roll more than 90 degrees before touching on the change over from back to breast</li> <li>• During freestyle leg, stroke was symmetrical/primarily on back/did backstroke arm pull (choose one)</li> </ul>
<b>Relays</b>	<ul style="list-style-type: none"> <li>• #___ swimmer left the block before #___ swimmer touched</li> </ul>

NOTE: These are not the only possible reasons for disqualification, nor the only possible wording. Officials may use their own wording provided it is accurate, precise and unambiguous.