



# QUESNEL AQUATIC CLUB

## SEALION'S

✉ [quesnelaquaticclub@gmail.com](mailto:quesnelaquaticclub@gmail.com) 📍 Quesnel, BC

🌐 <https://quesnelaquaticclub.teampages.com/>

### JOIN THE COACHING TEAM!

The Quesnel Aquatic Club (QAC) is a dynamic and welcoming summer swim club that fosters growth, sportsmanship, and excellence for swimmers of all ages and abilities. Our primary competitive season runs from May 1 to mid-August, culminating in the Provincial Championships.

We are seeking enthusiastic and dedicated coaches who are passionate about swimming and committed to empowering athletes to reach their full potential. Successful candidates will be responsible for leading training sessions throughout the week and attending approximately 7 weekend swim meets during the season.

If you are motivated, love working with youth, and want to make a positive impact in a supportive, team-oriented environment, we'd love to hear from you!

### Responsibilities and Expectations:

- Foster a positive and fun learning environment for swimmers of all levels and abilities while acting as role models for the club.
- Develop and execute training plans that focus on technical development and swimmer progress.
- Work effectively with the club Board of Directors and Assistant Coaches, ensuring clear communication with all stakeholders.
- Mentor and support Junior Coaches (Head Coach only).
- Organize and participate in team-building and social activities throughout the season.
- Travel to swim meets throughout the region with the team (unpaid).
- Commit to pre-season planning and all practices and swim meets for the competitive swim season.



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### Head Coach Qualifications:

- 5+ years of experience in competitive swimming. Coaching experience is considered an asset.
- Proven leadership skills and the ability to inspire swimmers and Assistant Coaches.
- Strong organizational and technical knowledge, including stroke mechanics, training methodologies, and dryland training integration.
- Current criminal background check completed before the start of the season
- Demonstrated strong leadership, communication, and mentoring abilities.

### Pup's & Junior Assistant Coach Qualifications:

- Experience in competitive swimming or coaching, with the ability to lead Pups practices and assist with Junior swimmers.
- Strong communication skills and a willingness to coach and demonstrate techniques in the water.
- Ability to participate in dryland training and assist with swimmer development.
- Current criminal background check completed before the start of the season

### Application Details:

Please submit your cover letter, resume, and references to [quesnelaquaticclub@gmail.com](mailto:quesnelaquaticclub@gmail.com).

Applications will be accepted until the positions are filled.