



POCO MARLINS INVITATIONAL SWIM MEET

Friday, Saturday, and Sunday, June 16, 17, and 18, 2023
Centennial Pool, Port Coquitlam

Friday (Development)	4:00 - 4:40 PM Warm up 5:00 PM Meet Begins
Saturday & Sunday	7:00 – 7:40 AM Warm up 7:20 AM Officials Meeting 7:30 AM Coaches Meeting 8:00 AM Meet Begins

MEET FORMAT

Meet Manager: Suzanne Strachan - vicepresident@pocomarlins.com

Meet Referee: Jeff Sheehan - 778-227-7700, jsheehan@shaw.ca

Meet Entries: Stephen Hughes - 604-812-8827, tootall@shaw.ca

The **2019 POCO MARLINS DEVELOPMENT MEET** will have the 6 & Under and Div. 1 events combined for the heats, but results will be separated. This is the same for the Div. 2/3/4 events. All events will be timed finals.

The **2019 POCO MARLINS INVITATIONAL MEET** will have heats and finals in each individual event, except for Cat. O and Div. 8, which will be timed finals. There will also be consolation finals for division 1-3 50m events. For the heats div 1-3 and 4-7 will be combined by seeding time (1-4 and 5-7 for 50 fly). Results and finals will be separated into each division.

Returning this year is the **Dash for Cash**, sponsored by **Intercity Appraisals**. It's a second 50 free event, with prelims on Sunday morning and finals Sunday afternoon. It will be restricted to the fastest 18 boys and girls entered, based on valid seed times, and the top 6 will swim the final with **Cash Prizes** for the top three girls and boys. The event is restricted to 'S' swimmers only, Divs 1-7, and swimmers must be entered in at least one other event both days.

Back by popular demand this year we will have bongo races throughout the weekend sponsored by Livian Smith, Mortgage Broker with Dominion Lending Centres. Athletes will have an opportunity throughout the weekend to win Cash Prizes. When the bongo rings the winner of that heat will win a cash prize: Relays and finals will not have bell events..

PoCo Marlins INVITATIONAL SWIM MEET FACILITIES

- 6 lane, 25 metre outdoor pool.
- Concession stand available all meet.
- Ample tent space available for daily use but there is no security for leaving tents overnight.

PARKING

- ❖ Parking is adequate but the following important restrictions apply:
 - **DO NOT PARK IN FRONT OF ANY BUSINESSES IN THE AREA**
 - **DO NOT PARK IN THE ALLEY BEHIND POOL THIS IS A FIRE LANE.**
 - **PARKING IN THESE AREAS MAY RESULT IN YOUR VEHICLE BEING TOWED.**
 - There is plenty of parking in the Safeway lot and a pedestrian overpass to access it.

COACHES

- **Coaches must be on deck for warm up.**
- Times and lanes for warm-ups will be assigned after official entries are received. They will be emailed a couple of days before the meet. At the meet they will be on the announcers table board at the north end of the pool.

OFFICIALS

- Each club will be required to supply senior deck officials, timers, and recorders.
- Please reach out to our Meet Ref Jeff Sheehan to notify him of available senior deck officials. There will be a sign-up form sent out the week of the meet and posted for reference at the announcer's table. jsheehan@shaw.ca

AWARDS

- Development Events – **Ribbons** 1st – 6th place
- Individual Events Finals Div. 1-3 – **Medals** 1st- 3rd, Ribbons 4th – 6th place
- Individual 50m Events Consolations Div. 1-3 - **Ribbons** 1st. – 6th place
- Individual Events Finals Div. 4-7 – **Ribbons** 1st – 6th place
- Relay Events - **Ribbons** 1st – 3rd place

ENTRIES

Entries must be submitted by **12:00 PM MONDAY JUNE 12th**, 2023, in **HYTEK format** by e-mail to Stephen Hughes at tootall@shaw.ca accompanied by a full club roster. Please include the name and phone number of the meet entry person for your club. Revisions will be accepted until June 12th at 6:00pm.

- **\$7.50 per individual event**
- **\$10.00 per relay event**
- **No Deck Entries Permitted**

- Swimmers may enter SIX individual events and TWO relay events.
- Make cheques payable to the POCO Marlins Summer Swim Club and submit them to Suzanne Strachan, Meet Manager, or Jeff Sheehan, Meet Ref.

PoCo Marlins INVITATIONAL SWIM MEET SEEDING

- Each competitor must be registered with BCSSA.
- Swimmers will be seeded per BCSSA Rules.
- There will be **NO DECK ENTRIES** permitted at this meet.
- **FINALS** will be the fastest six swimmers in each event and **CONSOLATION FINALS** will be the 7th to 12th fastest swimmers in Divisions 1, 2 and 3 50m events only based on results achieved during each day's preliminary heats.
- Any events/heats with fewer than 5 swimmers may be combined for efficiency.

- Relays, Division 8, Category O1 and O2 and Development events are swum as timed finals during the heats.

RELAYS

- Relay slips for each day must be presented to the Clerk of Course by 9:30 AM and entries must be on the Official Relay Entry Form or reasonable facsimile.
- **There are no relay events for Divisions 4 through 7, but we encourage coaches to combine senior swimmers from these divisions on Div 8 relays.**

SCRATCHES

- Any scratches after June 13, 2023, are to be submitted to the Clerk of the Course by 7:30 AM on the day of the meet. **NO REFUNDS ON LATE SCRATCHES.**

CLERK OF THE COURSE AND MARSHALING

- The Clerk of the Course and Marshals will be available throughout the meet.
- DURING PRELIMS swimmers of senior events will NOT be required to check in with the Clerk of the Course and will be assumed to be competing UNLESS scratched before the start of the meet each day.
- The Meet Manager shall post current heat sheets in a conspicuous location to allow swimmers to verify their event, heat, and lane assignments.
- Events **highlighted in yellow** on the event list below will not require marshaling during prelims.
- During FINALS, the Clerk of the Course shall call the swimmers event 2 times with at least 1 minute between each call. If a swimmer is not present at the clerk of course at this time, they will be disqualified.
- It is the responsibility of the swimmer or alternate to be at the Clerk of the Course when the final event is called.

RESULTS

- Results will be posted on our website and emailed to the same club representatives that send in the entries. We will send both the HYTEK zipfile and complete results in HTML.

Poco DEVELOPMENT and INVITATIONAL Meet 2019
Event List-By Event Number

Event #	Event Name	Event #	Event Name
Friday, June 16th		125	Girls 100 Butterfly DIV 8 and CAT 2
1	Girls 25 Freestyle 6 & UNDER/ DIV 1	126	Boys 100 Butterfly DIV 8 and CAT 2
2	Boys 25 Freestyle 6 & UNDER/ DIV 1	151	Girls Div 1 200 Medley Relay
3	Girls 50 Freestyle 6&UNDER/DIV 1	152	Boys Div 1 200 Medley Relay
4	Boys 50 Freestyle 6&UNDER/DIV 1	153	Girls Div 2 200 Medley Relay
5	Girls 50 Freestyle DIVS 2/3/4	154	Boys Div 2 200 Medley Relay
6	Boys 50 Freestyle DIVS 2/3/4	155	Girls Div 3 200 Medley Relay
7	Girls 25 Backstroke 6 & UNDER/ DIV 1	156	Boys Div 3 200 Medley Relay
8	Boys 25 Backstroke 6 & UNDER/ DIV 1	157	Girls Div 8 200 Medley OPEN AGE GROUP Relay
9	Girls 50 Backstroke 6 & UNDER/ DIV 1	158	Boys Div 8 200 Medley OPEN AGE GROUP Relay
10	Boys 50 Backstroke 6 & UNDER/ DIV 1	Sunday, June 18th	
11	Girls 50 Backstroke DIVS 2/3/4	201	Girls 50 Butterfly DIV 5-7
12	Boys 50 Backstroke DIVS 2/3/4	202	Boys 50 Butterfly DIV 5-7
13	Girls 25 Breaststroke 6 & UNDER/ DIV 1	203	Girls 50 Butterfly DIV 8 and Cat 2
14	Boys 25 Breaststroke 6 & UNDER/ DIV 1	204	Boys 50 Butterfly DIV 8 and Cat 2
15	Girls 50 Breaststroke 6 & UNDER/ DIV 1	211	Girls 50 Backstroke DIV 1-3 and CAT 1
16	Boys 50 Breaststroke 6 & UNDER/ DIV 1	212	Boys 50 Backstroke DIV 1-3 and CAT 1
17	Girls 50 Breaststroke DIVS 2/3/4	213	Girls 100 Backstroke DIV 4-7
18	Boys 50 Breaststroke DIVS 2/3/4	214	Boys 100 Backstroke DIV 4-7
19	Girls 25 Butterfly 6 & UNDER/ DIV 1	215	Girls 100 Backstroke DIV 8 and CAT 2
20	Boys 25 Butterfly 6 & UNDER/ DIV 1	216	Boys 100 Backstroke DIV 8 and CAT 2
21	Girls 50 Butterfly 6 & UNDER/ DIV 1	221	Girls 50 Breaststroke DIV 1-3 and CAT 1
22	Boys 50 Butterfly 6 & UNDER/ DIV 1	291	Girls 50 THE DASH FOR CASH
23	Girls 50 Butterfly DIVS 2/3/4	292	Boys 50 THE DASH FOR CASH
24	Boys 50 Butterfly DIVS 2/3/4	222	Boys 50 Breaststroke DIV 1-3 and CAT 1
Saturday, June 17th		223	Girls 100 Breaststroke DIV 4-7
101	Girls 100 IM DIV 1-3 AND CAT 1	224	Boys 100 Breaststroke DIV 4-7
102	Boys 100 IM DIV 1-3 AND CAT 1	225	Girls 100 Breaststroke DIV 8 and CAT 2
103	Girls 200 IM DIV 4-7	226	Boys 100 Breaststroke DIV 8 and CAT 2
104	Boys 200 IM DIV 4-7	231	Girls 100 Freestyle DIV 1-3 and CAT 1
105	Girls 200 IM DIV 8 and CAT 2	232	Boys 100 Freestyle DIV 1-3 and CAT 1
106	Boys 200 IM DIV 8 and CAT 2	233	Girls 100 Freestyle DIV 4-7
111	Girls 50 Freestyle DIV 1-3 and CAT 1	234	Boys 100 Freestyle DIV 4-7
112	Boys 50 Freestyle DIV 1-3 and CAT 1	235	Girls 100 Freestyle DIV 8 and CAT 2
113	Girls 50 Freestyle DIV 4-7	236	Boys 100 Freestyle DIV 8 and CAT 2
114	Boys 50 Freestyle DIV 4-7	251	Girls Div 1 200 Freestyle Relay
115	Girls 50 Freestyle DIV 8 and CAT 2	252	Boys Div 1 200 Freestyle Relay
116	Boys 50 Freestyle DIV 8 and CAT 2	253	Girls Div 2 200 Freestyle Relay
121	Girls 50 Butterfly DIV 1-4 and CAT 1	254	Boys Div 2 200 Freestyle Relay
122	Boys 50 Butterfly DIV 1-4 and CAT 1	255	Girls Div 3 200 Freestyle Relay
123	Girls 100 Butterfly DIV 5-7	256	Boys Div 3 200 Freestyle Relay
124	Boys 100 Butterfly DIV 5-7	257	Girls Div 8 200 Freestyle OPEN AGE GROUP Relay
		258	Boys Div 8 200 Freestyle OPEN AGE GROUP Relay

PLEASE NOTE*EVENTS HIGHLIGHTED IN YELLOW WILL NOT REQUIRE MARSHALING DURING PRELIMS**