



Salmon Arm Sockeyes Swim Club
2023 Invitational Swim Meet

Date: June 24th and June 25th

Pool: Salmon Arm Community Centre (6 lanes, indoor 25 metre)

Location: 2550 Trans Canada Highway, Salmon Arm

Meet Manager: Crystal Truscott/Sharon Mitchel sockeyespres@gmail.com

Meet Referee: TBD

Format:

- Timed Finals final's
- Events will be combined where possible to keep the lanes filled
- Swimmers with NT will be seeded in the slower heats
- Simplified Marshaling procedure will be used (Divisions 5-8 will not be marshaled) and swimmers will check in with lane timers to ensure they are in the right heat
- Div 1-8 and Ocat will be Timed Finals
- All turtle events and relay events will be swum as timed finals
- All "O" category swimmers will swim with their respective division in heats
- Relays will be swum at the end of each day
- Novice Events for new swimmers who are unable to swim 50 m of butterfly or breast stroke. These events will be 25m

Note to all coaches and swimmers: maximum of 6 individual events

Coaches: please carefully check the confirmation sheets that are sent back to you after you submit your entries. Any errors must be sent back to Kevin Bushell prior to **Thursday, June 22nd, 2023.**

Turtles: Turtle races to be held mid-morning on Saturday and Sunday. The 25m Freestyle and fly races will be held on Saturday. The 25m Backstroke and breaststroke races will be held on Sunday. All turtle swimmers will do a water start (no diving). A senior swimmer or coach may accompany turtle swimmers.

- Turtles are free but must be registered with BCSSA for insurance purposes. Please enter with team entries.
- Turtles will receive goody bags.

Marshalling:

We will be using a “Simplified Marshalling Procedure”, Divisions 5-8 will NOT be marshalled, but swimmers must check in once at Marshalling at the start of each day. These swimmers are responsible for being behind the blocks and ready to swim when the referee calls the race. There will be no announcing of events for divisions 5-8. The heat sheets will be posted to allow swimmers to verify their event, heat and lane assignments. Swimmers may still come through the marshalling area to congregate and organize themselves prior to going out on deck. Swimmers will check in with the lane timers to ensure they are in the right heat.

Marshalling for Divisions 1-4:

- Calling of the meet will follow the BCSSA policy regarding marshalling calls.
- Events will be called 2 times with 2 minutes between each announcement.
- Div 1-4 must go to marshalling for each event. For all div 4 events except for the 50m fly, the div 4 swimmer will be alone in marshalling. They can take this opportunity to see how div 5-8 marshal themselves and will have guidance from Marshals to ensure they arrive at their event on time.

Awards:

1. Individual aggregates will be awarded for each division 1-8, both girls and boys.
2. Top Overall Team Trophy
3. Top Boys Team
4. Top Girls Team
5. Ribbons for top 12 finishers in Div 1 to Div 4. Ribbons for top 6 finishers in Div. 5 to Div. 8.

Record breaker awards will also be given.

- Points will be awarded for individual events to the top 12 swimmers as follows:
 - 14-12-11-10-9-8-7-5-4-3-2-1
- Points will be awarded for relays to the top 6 teams as follows:
 - 28-24-22-20-18-16

Rules: All 2022 BCSSA rules apply.

Entries:

- **Entry Deadline is 8pm Tuesday June 20th, 2023.** All entries received past the deadline will be considered late entries and charged a late fee.
- Late entries will be accepted up until Thursday, June 22nd evening, 7 p.m. We will try our best to fit late entries into the program. Late entry fees of \$10 per swimmer per event, will apply.
- There is no refund for scratched entries.
- No Deck entries – no exceptions.
- Swimmers can enter 6 events and two relays.
- Relay entries must be submitted to clerk of the course prior to 10am each day.

Entry Fees: A flat fee of \$30.00 per swimmer will be charged, excluding turtles who swim for free. There will be no refunds for scratched swimmers.

Payment: Is expected in full to the meet manager by noon Sunday. Make cheques payable to: **Salmon Arm Sockeyes Swim Club**

Turtles: All turtles must be registered with their home club No charge for turtle only swimmers. The regular fees will apply for turtles entered in Div1. events.

Email Entries: Please email entries in Hy-Tek, along with validation text file to Kevin Bushell; kevin.bushell@raptorint.ca 250-517-7712.

Timers and Officials: All clubs are expected to have individuals to work as deck officials, and place judges. Clubs will also be assigned lanes for timers and recorders. Please organize volunteers from your club to fill these positions.

Schedule:

Coaches scratch meeting 7:00 am each day in meeting room on deck

Officials meeting 7:20 each day in meeting room on deck

Coaches meeting 7:40 am each day in fitness room

Warm-up Saturday morning (lanes to be assigned at meet)

Div 1-3 7:00 to 7:20 am

Div 4-8 7:20 am

Warm-ups Sunday morning (lanes to be assigned at meet)

Div 4-8 7:00 am to 7:20 am

Div 1-3 7:20 am

Meet starts at 8:00 am

- Heats Begin 08:00 Saturday and 08:00 Sunday
- Lunch for approximately one hour following heats each day (or at the discretion of the meet manager, depending on results of the AM swim)
- **Stroke and turn clinic will be held during the lunch break on Saturday and will be approximately an hour and a half**

SCHEDULE OF EVENTS

Saturday Events	Sunday Events
100 IM Div 1 girls	50 Fly Div 5 girls
100 IM Div 1 boys	50 Fly Div 5 boys
100 IM Div 2 girls	50 Fly Div 6 girls
100 IM Div 2 boys	50 Fly Div 6 boys
100 IM Div 3 girls	50 Fly OCat 2 girls
100 IM Div 3 boys	50 Fly OCat 2 boys
100 IM OCat 1 girls	50 Fly Div 7 girls
100 IM OCat 1 boys	50 Fly Div 7 boys
200 IM Div 4 girls	50 Fly OCat Div 8 girls
200 IM Div 4 boys	50 Fly OCat Div 8 boys
200 IM Div 5 girls	50 Back Div 1 girls
200 IM Div 5 boys	50 Back Div 1 boys
200 IM Div 6 girls	50 Back Div 2 girls
200 IM Div 6 boys	50 Back Div 2 boys
200 IM OCat 2 girls	50 Back Div 3 girls
200 IM OCat 2 boys	50 Back Div 3 boys
200 IM Div 7 girls	50 Back OCat 1 girls
200 IM Div 7 boys	50 Back OCat 1 boys
200 IM OCat Div 8 girls	100 Back Div 4 girls
200 IM OCat Div 8 boys	100 Back Div 4 boys
50 Free Div 1 girls	100 Back Div 5 girls
50 Free Div 1 boys	100 Back Div 5 boys
50 Free Div 2 girls	100 Back Div 6 girls
50 Free Div 2 boys	100 Back Div 6 boys
50 Free Div 3 girls	100 Back OCat 2 girls
50 Free Div 3 boys	100 Back OCat 2 boys

50 Free OCat 1 girls	100 Back Div 7 girls
50 Free OCat 1 boys	100 Back Div 7 boys
50 Free Div 4 girls	100 Back OCat Div 8 girls
50 Free Div 4 boys	100 Back OCat Div 8 boys
50 Free Div 5 girls	25 Back Turtles girls
50 Free Div 5 boys	25 Back Turtles boys
50 Free Div 5 girls	25 Breast Turtles girls
50 Free Div 5 boys	25 Breast Turtles boys
50 Free Div 6 girls	50 Breast Div 1 girls
50 Free Div 6 boys	50 Breast Div 1 boys
50 Free OCat 2 girls	50 Breast Div 2 girls
50 Free OCat 2 boys	50 Breast Div 2 boys
50 Free Div 7 girls	50 Breast Div 3 girls
50 Free Div 7 boys	50 Breast Div 3 boys
50 Free OCat Div 8 girls	50 Breast OCat 1 girls
50 Free OCat Div 8 boys	50 Breast OCat 1 boys
25 Free Turtles girls	100 Breast Div 4 girls
25 Free Turtles boys	100 Breast Div 4 boys
25 Fly Turtles girls	100 Breast Div 5 girls
25 Fly Turtles boys	100 Breast Div 5 boys
50 Fly Div 1 girls	100 Breast Div 6 girls
50 Fly Div 1 boys	100 Breast Div 6 boys
50 Fly Div 2 girls	100 Breast OCat girls
50 Fly Div 2 boys	100 Breast OCat 2 boys
50 Fly Div 3 girls	100 Breast Div 7 girls
50 Fly Div 3 boys	100 Breast Div 7 boys
50 Fly OCat 1 girls	100 Breast OCat Div 8 girls
50 Fly OCat 1 boys	100 Breast OCat Div 8 boys
50 Fly Div 4 girls	100 Free Div 1 girls
50 Fly Div 4 boys	100 Free Div 1 girls
100 Fly Div 5 girls	100 Free Div 2 girls
100 Fly Div 5 boys	100 Free Div 2 girls
100 Fly Div 6 girls	100 Free Div 3 girls
100 Fly Div 6 boys	100 Free Div 3 girls
100 Fly OCat 2 girls	100 Free OCat 1 girls
100 Fly OCat 2 boys	100 Free OCat 1 girls
100 Fly Div 7 girls	100 Free Div 4 girls
100 Fly Div 7 boys	100 Free Div 4 boys
100 Fly OCat Div 8 girls	100 Free Div 5 girls
100 Fly OCat Div 8 boys	100 Free Div 5 boys
	100 Free Div 6 girls
	100 Free Div 6 boys
	100 Free OCat 2 girls
	100 Free OCat 2 boys
	100 Free Div 7 girls
	100 Free Div 7 boys
	100 Free OCat Div 8 girls
	100 Free OCat Div 8 boys

Camping: Is limited to 20 spots and all units must be self-contained. Spots are available on a first come serve basis. Sign up for camping Thomas Vicars – tdvicars@hotmail.com
Location will be in the Salmon Arm Recreation Center Parking lot.

Arrival –RV parking spot check in time is between 5:00-9:00 pm on Friday, June 23rd

Departure –RV parking spot check out time after meet completion on Sunday, June 25th

RV Parking Rules & Regulations:

- Units must be self-contained
- No fires
- Person renting the RV space is responsible for guest code of conduct
- Do not remove barricades, cones, or any other traffic control devices
- Salmon Arm Recreation society, City of Salmon Arm, or Salmon Arm Sockeyes are not responsible for any lost or broken items
- Generators are allowed to be run between 7am-10pm only.

Booking information:

- Rate \$20.00
- To book please email Crystal Truscott sockeyespres@gmail.com provide your first and last name, club name, length of RV, and phone number you will be using while at the meet when you inquire/book camping
- Cash due upon arrival
- Limited number of spots available (email early to avoid disappointment)