

Day	Time	Topic	Room	Speaker(s)	Topic
Friday	7:00 - 8:00 PM	Coaches Arrive	Dining room		
	8:00 - 8:15 PM	Opening Remarks	The Rock, Jimmy's club room	Danny / Jim	
	8:15 - 9:30 PM	Keynote A	The Rock, Jimmy's club room	Carl Cooper	Why do we do this coaching thing?
	9:30 - 10:30 PM	Meet & Greet	The Rock, Jimmy's club room		
	11:30 PM	Lights Out			
Saturday	8:30 - 9:00 AM	Coffee & Breakfast			
	9:10 - 10:10 AM	Keynote B	The Rock, Jimmy's	Gareth Saunders	Seasonal Planning
	10:10 - 10:20	<i>Transition</i>			
	10:20 - 11:20AM		Rose Rm.	Jeff Sheehan	Conflict Resolution.
		Break out A2	The Copper room	Carl Cooper	Skills and Drills for Novice Coaches
		Break out A3	Louis Room	Gareth Saunders	End for a successful season, head coaches
		Break out A4	Wolf Creek, Okanagan A	Carl, Sean, Nick	How the crash desk works
		Break out A5	Wolf Creek, Okanagan B	Olivia	Communications Strategies/Spectrum
		Break out A6			
	11:30 - 12:30	Key Note C	The Rock, Jimmy's	Danny Schilds	Preparing for Difficult Parents.
	12:30 - 1:10 PM	Lunch			
	1:10 - 3:20 PM	Free Time/ Board meeting	Summit Room -Board Meeting	Provincial Board	
	3:20 - 4:20 PM	Break out B1	Rose Rm.	Leah, Jim	Rules of swimming and protests
		Break out B2	Wolf Creek, Okanagan A	Tamara	Active, meet entries, using Active.
		Break out B3			
		Break out B4	The Copper Room	Danny Schilds	Planning: questions and discussion.
		Break out B5	Wolf Creek Okanagan B	Catherine	Safe Sport
		Break out B6			
	4:20 - 4:30 PM	<i>Transition</i>			
	4:30-5:30	Break out C1	Wolf Creek, Okanagan A	Tamara	Active, meet entries, etc.
		Break out C2	Wolf Creek, Okanagan B	Catherine	Assertive tips for coaches
		Break out C3	Louis Room	Olivia	Senior Coaches Discussion
		Break out C4	The Rock, Rose Rm.	Leah, Jim	Rules of swimming and protests
		Break out C5			
	Break out C6				
5:30 - 6:30 PM	Dinner				

	6:45 - 8:00 PM	Panel and Group Work	Community building and	Brendan, Olivia	
			Board, Open questions	Board Members	Panel
	8:30 - 11:00 PM	Free Time & S'mores			
	11:15 PM	In Rooms			
	11:30	Lights Out			
Sunday	8:30 - 9:00 AM	Breakfast & Coffee			
	9:00 - 9:10 AM	<i>Transition</i>			
	9:10 - 10:10 AM	Keynote E	The Rock, Jimmy's	Carl Cooper	Race Prep
	10:10 - 10:20 AM	<i>Transition</i>			
	10:20 - 11:20	<i>Break out D1</i>			
		<i>Break out D2</i>	Wolf Creek, Okanagan A	Catherine	Assertive tips for coaches
		Break out D3	The Copper Room	Carl	Head Coaches, leading a coaching staff
		Break out D4	Wolf Creek Okanagan B	Brendan,	Community Building, culture, continued
		Break out D5	the Rock, Jimmy's	Olivia	Dryland Stretches, fun, warm-ups
		Break out D6			
	11:20 - 11:40 AM	Closing Remarks	The Copper Room	Jim and Danny	
	11:40 - 12:15 PM	Grab Lunch			
	12:30	Members Depart			
13:30	Crew Departs				