



# VANCOUVER VIKINGS

Vancouver Vikings Invitational Swim Meet  
July 15 and 16, 2023  
Watermania  
1430 Entertainment Blvd. | Richmond, B.C.

## Meet Officials

Meet Managers:	Gavin Forsyth Niels Veldhuis	<a href="mailto:meetmanager@vancouvervikings.com">meetmanager@vancouvervikings.com</a>
Electronics Desk:	Ian Hyatt Murray McCutcheon	<a href="mailto:electronics@vancouvervikings.com">electronics@vancouvervikings.com</a>
Director of Officials:	Jim Ellithorpe	<a href="mailto:vp@vancouvervikings.com">vp@vancouvervikings.com</a>
Meet Referee:	Jim Ellithorpe	
Meet Entries:	Ian Hyatt Murray McCutcheon	<a href="mailto:electronics@vancouvervikings.com">electronics@vancouvervikings.com</a>

## Entries

- Swimmers may enter a maximum of 4 individual events and 2 relay events
- 6-and-under are able to swim in only two events: (a) 25m freestyle on Saturday; and (b) 25m backstroke on Sunday. In water chaperones are acceptable.
- Team Manager entries and full team rosters must be submitted to: [electronics@vancouvervikings.com](mailto:electronics@vancouvervikings.com)
- Please submit one complete Hy-Tek entry file by no later than NOON on Monday, July 10, 2023. Please double-check your entries to ensure accuracy.
- Meet Entry Fees - make cheques payable to Vancouver Vikings and hand payment to Niels Veldhuis (Co-Meet Manager) by noon (12:00 PM) on Saturday, July 15, 2023.
- Prior to meet scratches can be emailed to [electronics@vancouvervikings.com](mailto:electronics@vancouvervikings.com) by Tuesday, July 11, 2023 at 9:00 PM. No refunds thereafter.
- Day of event scratches must be submitted to the Electronics Desk by 7:30 AM SHARP!
- Deck entries will not be permitted

## Fees

- Individual Events: \$10.00 per individual event
- Relay Events: \$16.00 per relay team per event

## Meet Format

### Individual Events:

- The Vancouver Vikings Meet will be running preliminary heats and finals.
- This is an open meet, there will be no A/B distinction.
- The top three heats will be circle seeded for all preliminary rounds, the remaining heats will be rank seeded, fastest to slowest. Swimmers entered with no time (NT) will be seeded in the slowest heats
- O Cat swimmers will compete in their own events, but may swim in heats with non-O Cat swimmers.

### Relays:

- We will be running a 200IM relay on Saturday and a 200 Free relay on Sunday (

- Teams comprised of boys-only (four boys) and girls-only (four girls) from each of the following divisions (no O Cat): Div 1, Div 2, Div 3, Div 4, Div 5, & Div 6, 7, 8
- Relays will be timed finals and run at the end of heats.
- In order to build club spirit there will be a “Coaches Challenge 4X50” relay which all club’s coaches are encouraged to enter! This event will be run on Sunday afternoon, after event 118
- Relay team entries must be submitted on relay forms to the Clerk of the Course not later than 10:00 AM the day of the relay.

## Rules

- Current [February 2022 BCSSA](#) rules governing swim meets will be in effect with [additional changes made in 2023](#). All results will be recorded to 1/100th of a second.

## Marshalling

- All swimmers in all Divisions are to enter the Marshalling Area located on the North side of Watermania (see map below). The Clerk's desk will be at this entrance.
- Div 1 - 4 and O-Cat 1 individual heats will be marshalled. Swimmers to check in with the Clerk and proceed as directed through marshalling.
- Div 5 - 8 and O-Cat 2 individual heats will not be required to check in with the Clerk of the Course and will NOT be formally marshalled.
- IMPORTANT: Even if not being marshalled, all swimmers must enter the competition deck from the exterior entrance located on the North side of Watermania. Swimmers should organize themselves into their heats outside (off the competition deck) and wait for their heat in the marshalling area outside Watermania. Swimmers will NOT be permitted to access the blocks from the south side of the deck (ie from coaches' tables).
- All Relays will be marshalled for all Divisions. All swimmers to check-in with the Clerk and proceed as directed through marshalling.
- Events will be posted on the white board located at the entrance to Marshalling and announced on Twitter (@vanvikingsmeet). Printed programs and heat sheets will not be available for purchase.
- Coaches tables will be set up along the south side of the deck so swimmers may meet with their coaches before and after races without having to cross behind the starting blocks. Unless about to start their race, no swimmers are to be behind the blocks. Access to coaches tables will be from the South side of Watermania only.

## Results

Results will be posted following each event in the hallway on the Southeast side of Watermania. Results will also be available on Meet Mobile during the Meet. Final results will be posted on the BCSSA website.

## Awards

- 6 and Under                      Special Awards
- Div 1 – 8                            1-8<sup>th</sup> place ribbons
- O-1 and O-2                        1-8<sup>th</sup> place ribbons
- Relays                                Special Awards for first place teams, 1-8<sup>th</sup> Ribbons

## Swimmer and Spectator Behaviour

- Swimmers must conduct themselves safely and respectfully. A responsible adult must be in attendance for each swimmer.
- There is to be no running on the pool deck or jumping from the stairs or bleachers onto the deck. Please obey all signs directing swimmers to the marshalling area; do not shortcut across the pool deck to marshalling.
- When not in marshalling or racing, swimmers should be in the stands or outside.
- As there is limited seating capacity on the bleachers, spectators will be asked to keep moving from the bleachers to allow all supporters adequate access to see their athletes. Camping or “setting up” on the bleachers will not be allowed.
- To ensure that all swimmers can hear the starter’s instructions, please do not cheer or make loud noises while a race is being started. For the comfort of everyone attending the meet, please refrain from using whistles or noisemakers (e.g. horns) of any kind. Please note that the P.A. system does not transmit outside the building, and swimmers who are outside may not hear the announcements.
- Note that if a swimmer is disqualified from an event, the DQ procedures set out in the BCCSSA Rulebook apply. The matter is handled between the applicable Meet Officials and the swimmer's coach. Parents are not involved in the DQ process.
- During competition times, bulkhead access will be limited to Officials and Lifeguards only.

## Facilities

- Watermania is an indoor, eight-lane, 50 meter pool, divided by a bulkhead for two 25 meter pools.
- There will be two warm-up lanes for all-day warm up and cool-down. Competitive swimmers are not allowed access to lanes designated as public. Swimmers may not use either the wave pool or hot tubs unless paying an entry fee at WaterMania front desk.
- No outdoor shoes are to be worn on the pool deck to maintain hygiene. Garbage should be cleaned up by all athletes and their caregivers.
- No diving from the blocks during warm-up unless unidirectionally swimming (ie all swimmers get out of pool at the bulkhead and walk back to start blocks).

## Food and 50/50 Raffle

- Lots of delicious food will be available at the concession stand set up by Vancouver Vikings (cash and credit cards accepted)!
- Be sure to look for posters around Watermania which provide details of the Vikings 50-50 Raffle! Just scan the QR code!
- All garbage, recycling and composting must be correctly disposed of in the appropriate receptacles or recycled at home.

## Tents

- There is room for family tents on the grounds, mainly on the north side of the building in the parking lot. Please leave adequate pathways for access to and from marshalling. Please no tenting on the south side patio where the entrance doors are to the pool. We encourage you to ensure that tents are monitored by a responsible adult at all times. Tenting or camping overnight is not permitted. No tents or camping equipment may be set up inside the Aquatic Centre.

## Parking

- There is ample parking available around WaterMania, but we have been requested to please not park in the lots of either the Air Park or Laser Tag Center.

## Officials and Volunteers

- Each attending club is required to provide deck officials and volunteers. The meet will not run without help from all clubs and parents. There will be a sign-up emailed to each club the week prior to the meet. Each club's assignment for timers, recorders and place judges will be based on the number of entries for that club. Typically, each club is responsible for providing three volunteers (timers and plunger operators) for one lane for the duration of the meet.
- We will not be supplying plastic water bottles or deck food for timers. Officials working long shifts will be provided water and food. We encourage officials to please bring their own water bottles and/or coffee mugs. Thank you for your assistance.
- We also request a list of all intermediate and senior deck officials who will be attending the meet. Please email this information to Jim Ellithorpe, Director of Officials, at [officials@vancouvervikings.com](mailto:officials@vancouvervikings.com).

## Schedule and Warm-up Times

Watermania will be open from 6am. The meet will begin at 8 AM sharp on both days. Warm-ups (both days)

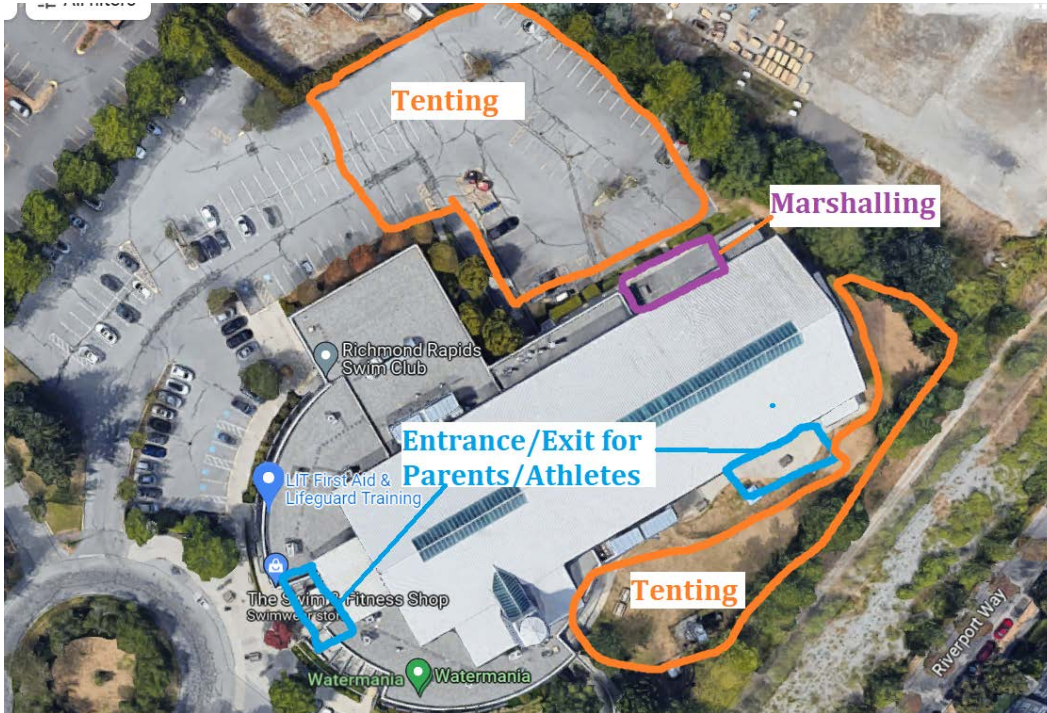
- Group 1: 6:30 – 6:50 AM
- Group 2: 6:50 – 7:10 AM
- Group 3: 7:10 – 7:30 AM

Clubs' warm up times will be determined and communicated to all coaches by the Vikings Head Coach or President after all entries have been received. Warm up times may be adjusted depending on the number of swimmers attending the meet.

### Meetings (both days)

- Officials' Meeting: 7:20 AM (Marshalling area)
- Coaches' Meeting: 7:35 AM (Marshalling area)
- Team Cheers: 7:40
- Marshalling starts: 7:45
- O Canada: 7:55

WATERMANIA MAP



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**EVENTS**

Girls	Saturday (July 16)	Boys
1	Div 1 100 IM	2
3	Div 2 100 IM	4
5	Div 3 100 IM	6
7	"O" Cat 1 100 IM	8
9	Div 4 200 IM	10
11	Div 5 200 IM	12
13	Div 6 200 IM	14
15	"O" Cat 2 200 IM	16
17	Div 7 200 IM	18
19	Div 8 200 IM	20
21	<b>6 &amp; Under 25 Freestyle</b>	22
23	Div 1 50 Freestyle	24
25	Div 2 50 Freestyle	26
27	Div 3 50 Freestyle	28
29	"O" Cat 1 50 Freestyle	30
31	Div 4 50 Freestyle	32
33	Div 5 50 Freestyle	34
35	Div 6 50 Freestyle	36
37	"O" Cat 2 50 Freestyle	38
39	Div 7 50 Freestyle	40
41	Div 8 50 Freestyle	42
43	Div 1 50 Butterfly	44
45	Div 2 50 Butterfly	46
47	Div 3 50 Butterfly	48
49	"O" Cat 1 50 Butterfly	50
51	Div 4 50 Butterfly	52
53	Div 5 100 Butterfly	54
55	Div 6 100 Butterfly	56
57	"O" Cat 2 100 Butterfly	58
59	Div 7 100 Butterfly	60
61	Div 8 100 Butterfly	62
63	Div 1 200 Medley Relay	64
65	Div 2 200 Medley Relay	66
67	Div 3 200 Medley Relay	68

69	Div 4 200 Medley Relay	70
71	Div 5 200 Medley Relay	72
73	Div 6, 7, 8 200 Medley Relay	74

Girls	Sunday (July 17)	Boys
75	Div 5 50 Butterfly	76
77	Div 6 50 Butterfly	78
79	"O" Cat 2 50 Butterfly	80
81	Div 7 50 Butterfly	82
83	Div 8 50 Butterfly	84
85	6 & Under 25m Backstroke	86
87	Div 1 50 Backstroke	88
89	Div 2 50 Backstroke	90
91	Div 3 50 Backstroke	92
93	"O" Cat 1 50 Backstroke	94
95	Div 4 100 Backstroke	96
97	Div 5 100 Backstroke	98
99	Div 6 100 Backstroke	100
101	"O" Cat 2 100 Backstroke	102
103	Div 7 100 Backstroke	104
105	Div 8 100 Backstroke	106
107	Div 1 50 Breaststroke	108
109	Div 2 50 Breaststroke	110
111	Div 3 50 Breaststroke	112
113	"O" Cat 1 50 Breaststroke	114
115	Div 4 100 Breaststroke	116
117	Div 5 100 Breaststroke	118
119	Div 6 100 Breaststroke	120
121	"O" Cat 2 100 Breaststroke	122
o123	Div 7 100 Breaststroke	124

125	Div 8 100 Breaststroke	126
127	Div 1 100 Freestyle	128
129	Div 2 100 Freestyle	130
131	Div 3 100 Freestyle	132
133	"O" Cat 1 100 Freestyle	134
135	Div 4 100 Freestyle	136
137	Div 5 100 Freestyle	138
139	Div 6 100 Freestyle	140
141	"O" Cat 2 100 Freestyle	142
143	Div 7 100 Freestyle	144
145	Div 8 100 Freestyle	146
147	Div 1 200 Freestyle Relay	148
149	Div 2 Freestyle Relay	150
151	Div 3 200 Freestyle Relay	152
153	Div 4 200 Freestyle Relay	154
155	Div 5 200 Freestyle Relay	156
157	Div 6, 7, 8 200 Freestyle Relay	158