

<b>BCSSA 2024 Diving</b>			
<b>S &amp; O Diving</b>			
<b>*Birth Year</b>		<b>Dive Requirements per table of dives</b>	
		<b>3 Metre</b>	<b>1 Metre</b>
2004 & earlier		20 & Over	
19 yrs	2005	17 - 19	17 - 19
18 yrs	2006		
17 yrs	2007		
16 yrs	2008	15 & 16	15 & 16
15 yrs	2009		
14 yrs	2010	13 & 14	13 & 14
13 yrs	2011		
12 yrs	2012	11 & 12	11 & 12
11 yrs	2013		
10 yrs	2014	9 & 10	9 & 10
9 yrs	2015		
8 yrs	2016	8 & Under	8 & Under

\*Note: An Athlete's age as of December 31st each year shall be used to determine the Athlete category.

In case of any discrepancy between this document and BCSSA rules, the BCSSA rulebook shall prevail.