

**Greater Trail Swim Racing Society  
(Stingrays Swim Team)**

**Jeli Orrell Memorial  
Invitational Swim Meet  
July 26-27, 2025**



This is a BCSSA-Sanctioned A Meet



**BC Summer Swimming Association**  
SWIMMING | DIVING | WATER POLO | ARTISTIC

**REMINDER: There is NO GLASS PERMITTED anywhere on pool decks**

## **Greater Trail Swim Racing Society - The *Stingrays***

### **Invitational Swim Meet**

#### **Date**

July 26<sup>th</sup> and July 27<sup>th</sup>, 2025

#### **Place**

Trail Aquatic and Leisure Centre  
1875 Columbia Avenue, Trail BC  
25 m, 8 lane, indoor, electronic timing with manual backup

#### **Type of Meet, Code of Conduct & Rules**

##### **Invitational A Meet – Jamboree Format, Timed Finals – 6 Events, 2 Relays**

This is a BCSSA sanctioned “A” swim meet and therefore all rules will be applied as per BCSSA’s Rules and Regulations Book.

All member clubs, competitors, coaches, officials, or individuals attending the meet shall abide by the BCSSA Code of Conduct. Any member or individual found to be in violation or non-compliance with the BCSSA Code of Conduct, as well as its rules and regulations, may be subject to action by the Meet Referee.

**\*\*PLEASE be careful to enter your swimmers in the appropriate divisions\*\***

Please be aware of which event number you enter your swimmers. The meet has been set up so that there will be multiple divisions swimming in the same event. Unfortunately, on the entry browser in Active, it does not specify which divisions are for what events. Be sure to cross reference the meet package when you are doing your entries.

#### **Heats will be seeded as follows:**

Division 1-3 and O-Cat 1 will be seeded by times

Division 4-8 and O-Cat 2 will be seeded by times

For example, Event 503 Girls Div. 1-3 & O-Cat 1 IM will seed swimmers based on time regardless of age. You might see a Div. 1 swimmer competing against a Div. 3 swimmer of a relative speed.

Be advised this is a Jamboree Timed Finals meet and Hy-tek will sort all divisions out including “O” swimmers automatically for medals and ribbons.

Relays will be run by division. All Novice events are run separately.

**Meet Managers:** Kaylin Nicolson & Leanne Isaak

**Meet Referee:** Chad Badry

\*\*\*We kindly remind all athletes, coaches and spectators to show respect during the playing of any national anthem. Booring or any form of disruptive behaviour is not acceptable. \*\*\*

**Notice: BCSSA has made an update to Regional meet eligibility**

Eligibility to compete at the Regional Championship Meet shall be limited to Athletes who have competed in a BCSSA club-hosted meet during the current competitive season.

i) **Athletes must have competed in each individual event they wish to compete in at the Regional Championship Meet.**

ii) Athletes competing in a club relay at Regional or Provincial Championship Meet must have competed in at least one individual event during the current season.

**Eligibility:**

- Any swimmer registered with BCSSA.

**Course Description:**

- 25m, 8 lane pool, starting blocks, lane ropes.
- Colorado electronic timing system with digital manual backup watch.
- The “Working Deck” is the pool deck directly around the pool edge to 1 meter on the sides and 1.5 meters on the end. Coach tables will be set up along one side of the pool that swimmers and coaches can access. There will be bleachers set up on the opposite side of the pool from coach tables towards the end opposite the diving blocks for spectators. Other than meet referees, timers, marshalling swimmers and lifeguarding staff, the pool deck immediately surrounding the pool shall be out of bounds. The Meet Manager and/or Meet Referee has the authority to make changes to the “Working Deck” as required.

**Invited Teams:**

CAS	Castlegar Aquanauts
COL	Colville Valley Sharks
CST	Creston Wave Swim Club
GFA	Grand Forks Piranhas
KIM	Kimberley Seahorses
NEL	Nelson Neptunes

**Meet Entries**

- Please e-mail the Hy-Tek meet entry file and Hy-Tek Meet Entry Report to Stingrays President: Meghan at [trailstingrayspresident@gmail.com](mailto:trailstingrayspresident@gmail.com)
- **Questions etc. can be directed to Meghan at the above email or (250) 231- 7906.**
- Entries must be received no later than **7:00 pm Wednesday, July 23<sup>rd</sup>, 2025.**
- The entry is \$10.00 per swimmer for 6 individual events and will include up to 2 relay events per swimmer.
- Entries received after 7:00 pm Wednesday, July 23<sup>rd</sup> but before 08:00 am Friday, July 25<sup>th</sup>, will be \$20.00 per swimmer.

- No late entries after 08:00 am Friday, July 25th.
- NO DECK ENTRIES
- No charge for novice swimmers entered in 25-meter novice events. Regular entry fees apply for Novice swimmers entered in any Div. 1 50-meter events.
- Div 1 swimmers who are not ready to swim a particular stroke in Div 1 may swim that event as a Novice, but not the same event as both a Novice and Div 1 swimmer. The intention of this rule is to encourage not discourage, so please use discretion.
- BCSSA official Relay Entry Forms will be provided during the coaches meeting and must be submitted back to the office by **9:30 a.m. Saturday, July 26th and 9:30 am Sunday July 27th.**
- No switching of events once a swimmer has entered.
- Best times should be submitted, but only times the swimmer has actually achieved in competition. If no time is available submit as no time (NT). Heats will be seeded according to times submitted.
- Seeding is done by Hy-Tek Meet Manager and a minimum number of changes to seeding will be done at the discretion of the Clerk of the Course or Meet Referee only to make the meet more efficient.
- Cat O swimmers will be seeded with S Cat Swimmers based on times
- Swimmers may be used on a relay team as per BCSSA rules
- Cheques for entries are **Due by end of the meet on Saturday**, payable to *“Trail Stingrays.”* Cheques may be given to the office.

### Scratches

- Please e-mail any scratches by 08:00am on Friday July 25th. There will be **NO REFUNDS FOR SCRATCHES.**

### Starting Times

Warm-ups	07:30 both days
Land Acknowledgement & Anthems	08:40 Sat
Marshaling	08:50 both days
Events	09:00 both days
Saturday Lunch break will be after Event 2 (Novice- 6 & under 25m free)	
Sunday Lunch break will be after Event 10 (Novice- 6 & under 25m backstroke)	

### Officials Meeting

- Both days at 08:00 in the Marshaling Area. All Stroke & Turn and Senior officials must attend.

### Coaches Meeting

- Both days at 08:30 in the Marshaling Area.

### Timer and Place Judge Meeting

- Will take place 8:45 Saturday and Sunday by the starting blocks.

### Officials/Timing Sign-Up

- Timing and officials sign-up sheets will be located at the announcing table. All clubs are expected to help.

### Meet Rules and Calling of Events

- The swim meet is sanctioned by the BCSSA and all rules including false starts, delay of meet and disqualification will be followed.
- Swimmers are responsible for reporting to the Clerk of the Course in time for their events. As per Provincial policy there will be no personal calls. There will be two (2) calls with two (2) minutes between calls, and the second call will be the FINAL call.
- In the event of computer malfunction, manual timing will be considered the official time, according to calculations set out by BCSSA rules.

### MARSHALLING

- All swimmers are encouraged to participate in the National anthems and Regional cheers. Marshalling calls will not be made until the completion of the Anthems.

#### Marshalling for Divisions 1-4:

- Swimmers will be marshaled into the pool area from the northwest corner of the building (deep end adjacent to the tennis courts). Gates will be opened from the patio area by the waterslide to access the marshaling area.
- Calling of the meet will follow the BCSSA policy regarding marshalling calls. Events will be called 2 times with 2 minutes between each announcement. Divisions 1-4 **must** go to Marshalling for each event. Div 4 will be in events with Div 5-8 but **MUST** still be marshaled.

#### Marshalling for Divisions 5-8:

- We will be using the “**Simplified Marshalling procedure**”. These swimmers are responsible for being behind the blocks and ready to swim when the referee calls the race. The Heat Sheets will be posted to allow swimmers to verify their event, heat, and lane assignments. Swimmers may come through the Marshalling area to congregate and organize themselves prior to going out on deck. Div 5- 8 swimmers will need to check-in with the Clerk of the Course each morning before the meet begins at 9am. Swimmers are also responsible to check with the lane timers to ensure they are in the correct heat.

### Warm-Ups

- Schedule subject to change depending on number of swimmers entered. Warmups are 20 minutes. A team coach or official must be on deck for each team’s warm-up.

Saturday	Club or Activity	Lane	Sunday
----------	------------------	------	--------

07:30-07:50	Trail Castlegar	1-4 5-8	07:30-07:50
07:50-08:10	Grand Forks Nelson	1-4 5-8	07:50-08:10
08:10-08:30	Creston Kimberley Colville	1-2 3-5 6-8	08:10-08:30
08:00-08:30	Officials Meeting	Marshaling area	08:00-08:30
08:30-08:40	Coaches Meeting	Marshaling area	08:30-08:40
08:40-08:50	Cheers	Pool Deck	08:40-08:50
08:45 – 9:00	Timers Meeting	Marshaling Area / behind timing blocks	08:55 – 9:00

### Meet Protocol

- Problems with entries or meet results are to be directed to the coach who will then approach the Meet Manager or Meet Referee. This meet will follow BCSSA Harassment Policy.

### Awards and Points

- Ribbons will be awarded for individual events for first (1<sup>st</sup>) to eighth (8<sup>th</sup>) places. Ribbons will be awarded for relay events for first (1<sup>st</sup>) to eighth (8<sup>th</sup>) places.
- Medals will be awarded to the top three (3) individual male and female swimmers in Divisions 1-8 and Cat “O” swimmers based on the total aggregate points for their individual events.
- Point system: 1<sup>st</sup> 9 points, 2<sup>nd</sup> – 7pt, 3<sup>rd</sup> – 6pt, 4<sup>th</sup>- 5pt, 5<sup>th</sup> – 4pt, 6<sup>th</sup>- 3pt, 7<sup>th</sup> – 2pt, 8<sup>th</sup> – 1pt. These points are doubled for relays.
- When two or more athletes tie for a place, the total of the points for the place and for the vacated place[s] next in line shall be equally divided, to fractions where necessary, among all athletes involved in the tie.
- Participation prizes will be given to novice swimmers, but no medals will be awarded to novice swimmers even if they swim-up in a Div 1 event.
- Ribbons for meet records Div 1-8 and Cat “O” swimmers.

### Fun Relay

- There will be a fun relay to be held Sunday after the last relay while we tabulate the results.

### Other

- There will be **No Overnight Camping** at the Trail Aquatic and Leisure Centre during the swim meet.

- Team tents **will not** be permitted on the adjacent ball field. Tents will be permitted on the grass areas around the side patio.

#### **Accommodations**

- There are camping facilities within 10-15 minutes' drive of the pool.
- Beaver Creek Provincial Park Campground 8801 Highway 22A.
- Rossland Lions Campground 932 Black Bear Drive.
- Hotels/Motels – Best Western, Glenwood Motel, Ray Lyn Motel, the Josie, the Prestige, etc.

#### **Regional Meeting**

- There may be a regional meeting during the Sunday lunch break.

#### **Concession**

- There will be a small breakfast concession in the lobby of the Aquatic Centre until 10am both days. There will be items for sale at lunch both days.

#### **Silent Auction**

- There will be a Silent Auction on Saturday on the pool deck. The Auction will close at the end of Lunch on Saturday.

#### **Timing Trailer**

- Castlegar will supervise loading of the timing trailer during teardown and towing to Castlegar for Regionals following the meet.

## **Meet Events**

**Lunch Break will occur after the morning session \*\*Jamboree style meets move VERY quickly. Please be mindful or your swimmer could miss their event. Lunch break may also occur quite early\*\***

### **Saturday Events**

#### **Saturday Morning – Session 1**

501 Girls 50 Butterfly Div. 4-8 & O Cat 2  
502 Boys 50 Butterfly Div. 4-8 & O Cat 2  
503 Girls 100 IM Div. 1-3 & O Cat 1  
504 Boys 100 IM Div. 1-3 & O Cat 1  
505 Girls 200 IM Div. 4-8 & O Cat 2  
506 Boys 200 IM Div. 4-8 & O Cat 2  
507 Girls 50 Freestyle Div. 1-3 & O Cat 1  
508 Boys 50 Freestyle Di. 1-3 & O Cat 1  
509 Girls 50 Freestyle Div. 4-8 & O Cat 2  
510 Boys 50 Freestyle Div. 4-8 & O Cat 2  
1 Novice Girls 25 Freestyle  
2 Novice Boys 25 Freestyle

#### **Saturday Afternoon – Session 2**

5 Novice Girls 25 Butterfly  
6 Novice Boys 25 Butterfly  
511 Girls 50 Butterfly Div. 1-3 & O Cat 1  
512 Boys 50 Butterfly Div. 1-3 & O Cat 1  
513 Girls 100 Butterfly Div. 5-8 & O Cat 2  
514 Boys 100 Butterfly Div. 5-8 & O Cat 2  
141 Girls Div. 1 200 Medley Relay  
142 Boys Div. 1 200 Medley Relay  
143 Girls Div. 2 200 Medley Relay  
144 Boys Div. 2 200 Medley Relay  
145 Girls Div. 3 200 Medley Relay  
146 Boys Div. 3. 200 Medley Relay  
147 Girls O Cat 1 200 Medley Relay  
148 Boys O Cat 1 200 Medley Relay  
149 Girls Div. 4. 200 Medley Relay  
150 Boys Div. 4 200 Medley Relay  
151 Girls Div. 5 200 Medley Relay  
152 Boys Div. 5 200 Medley Relay  
153 Girls Div. 6 200 Medley Relay  
154 Boys Div. 6 200 Medley Relay  
155 Girls O Cat 2 200 Medley Relay  
156 Boys O Cat 2 200 Medley Relay  
157 Girls Div. 7 200 Medley Relay  
158 Boys Div. 7 200 Medley Relay  
159 Girls Div. 8 200 Medley Relay  
160 Boys Div. 8 200 Medley Relay



## **Sunday Events**

### **Sunday Morning – Session 3**

- 601 Girls 50 Backstroke Div. 1-3 & O Cat 1
- 602 Boys 50 Backstroke Div. 1-3 & O Cat 1
- 603 Girls 100 Backstroke Div. 4-8 & O Cat 2
- 604 Boys 100 Backstroke Div. 4-8 & O Cat 2
- 605 Girls 50 Breaststroke Div. 1-3 & O Cat 1
- 606 Boys 50 Breaststroke Div. 1-3 & O Cat 1
- 607 Girls 100 Breaststroke Div. 4-8 & O Cat 2
- 608 Boys 100 Breaststroke Div. 4-8 & O Cat 2
- 9 Novice Girls 25 Backstroke
- 10 Novice Boys 25 Backstroke

### **Sunday Afternoon – Session 4**

- 13 Novice Girls 25 Breaststroke
- 14 Novice Boys 25 Breaststroke
- 609 Girls 100 Freestyle Div.1-3 & O Cat 1
- 610 Boys 100 Freestyle Div. 1-3 & O Cat 1
- 611 Girls 100 Freestyle Div. 4-8 & O Cat 2
- 612 Boys 100 Freestyle Div. 4-8 & O Cat 2
- 241 Girls Div. 1 200 Freestyle Relay
- 242 Boys Div. 1 200 Freestyle Relay
- 243 Girls Div. 2 200 Freestyle Relay
- 244 Boys Div. 2 200 Freestyle Relay
- 245 Girls Div. 3 200 Freestyle Relay
- 246 Boys Div. 3 200 Freestyle Relay
- 247 Girls O Cat 1 200 Freestyle Relay
- 248 Boys O Cat 1 200 Freestyle Relay
- 249 Girls Div. 4 200 Freestyle Relay
- 250 Boys Div. 4 200 Freestyle Relay
- 251 Girls Div. 5 200 Freestyle Relay
- 252 Boys Div. 5 200 Freestyle Relay
- 253 Girls Div. 6 200 Freestyle Relay
- 254 Boys Div. 6 200 Freestyle Relay
- 255 Girls O Cat 2 200 Freestyle Relay
- 256 Boys O Cat 2 200 Freestyle Relay
- 257 Girls Div. 7 200 Freestyle Relay
- 258 Boys Div. 7 200 Freestyle Relay
- 259 Girls Div. 8 200 Freestyle Relay
- 260 Boys Div. 8 200 Freestyle Relay

## SCRATCH SHEET

**MEET NAME:** \_\_\_\_\_

Club Name: \_\_\_\_\_ Abbrev. \_\_\_\_\_ Handed in by: \_\_\_\_\_

Region: \_\_\_\_\_ Date: \_\_\_\_\_

Provide all details including swimmer name, team name, division #, gender, event #, heat # and stroke being scratch from. This Scratch Sheet must be delivered to the Clerk of Course as soon as the scratch is confirmed for processing in order to avoid delay of meet.

Swimmer or Club Name, Div # & Gender	Event # & Heat #	Stroke