

**BC Summer Swimming Association**  
**SUGGESTED WORDING FOR COMMON DISQUALIFICATIONS (2015)**

All Strokes:

- Illegal swimsuit
- Walking on bottom toward the finish
- Pulling on the lane rope in the direction of the finish
- Springing from the bottom, imparting motion toward the finish
- Left the water before completing the full distance or DNF (did not finish)

Freestyle:

- Failure to touch on the turn at 25m (50m, 75m)
- Failure to surface by 15m after the start (or at 25m turn, 50m turn, 75m turn)

Backstroke:

- Toes in the gutter at start
- Toes bending over lip of gutter at start
- Failure to touch on the turn at 25m (50m, 75m)
- Failure to remain on back during race (or at finish)
- Failure to surface by 15m after the start (or at 25m turn, 50m turn, 75m turn)
- Failure to break surface at finish
- Not on back when feet left the wall at the 25m (50m, 75m)
- A kick or arm pull independent of turning action
- A paused & extended arm layout after shoulder rotates beyond the vertical
- Swimming on the front prior to initiating the turn at the 25m (50m, 75m)
- Swimming on the front after completion of arm pull at the 25m (50m, 75m)

Breaststroke:

- Multiple dolphin kicks during streamline on entry (or at 25m turn, 50m turn, 75m turn)
- Failure to maintain stroke cycle (one arm stroke and one leg kick in that order)
- Non-simultaneous touch at 25m, one hand on top of the other hand (50m, 75m, finish)
- One hand touch at 25m (50m, 75m, finish)
- Scissor (or dolphin) kick
- Asymmetrical arm pull
- Alternating arm movements
- Arm pull past hips
- Failure of head to break surface during each stroke
- Failure of head to break the surface before hands turned inward at the widest part of the second stroke on entry (or after turn at 25m, 50m, 75m)

Butterfly:

- Non-simultaneous touch at 25m, one hand on top of the other hand (50m, 75m, finish)
- One hand touch at 25m (50m, 75m, finish)
- Flutter kick
- Scissor kick
- Underwater arm recovery
- Alternating arms
- Non-simultaneous arms
- Failure to surface by 15m after the start (or turn at 25m, 50m, 75m) in the butterfly
- Rolled on to the back at the 25m turn (50m, 75m), during stroke

Individual Medley:

- Strokes swum in wrong order (should be: fly, back, breast, free)
- Roll more than 90 degrees before touching on the change over from back to breast

Relays:

- #\_\_\_ swimmer left the blocks before #\_\_\_ swimmer touched
- Relay strokes swum in wrong order (should be: back, breast, fly, free)

*NOTE: These are **not** the only possible reasons for disqualification, nor the only possible wording. Officials may use their own wording provided it is accurate, precise, and unambiguous.*